

**2019 PRESIDENTS' CONVENING ON
STUDENT BEHAVIORAL HEALTH AND WELLNESS
September 23 – 24, 2019
Riggs Library, Georgeown University, Washington, DC**

Concept and Goal: Define shared institutional ambitions for, and commitments, to college student mental health.

The demand for mental health services is outpacing existing structures and approaches. We cannot provide sufficient clinical hours to address the “problem.” Instead, we need to redefine mental health from being an impediment to education to being an integral aspect of the educational experience. The opportunity of this convening is to consider how we build educational communities that foster the mental health of our students, individually and as a generation.

September 23, 2019

6:00 pm – 9:00 pm

Dinner

Welcome: John J. DeGioia, Ph.D., President, Georgetown University

John P. Howe, III, M.D., Chair, Mary Christie Foundation

Speaker: Dr. Corey Keyes, Ph.D., Professor, Emory University

September 24, 2019

8:30 am

Light continental breakfast

9:00 am – 9:30 am

Opening

John J. DeGioia, Ph.D., President, Georgetown University

John P. Howe, III, M.D., Chair, Mary Christie Foundation

Welcome

Reflection on dinner discussion

Agenda Review

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9:30 am – 10:15 am

Data: College Mental Health Today

Topic: Presentations on the current prevalence data, trends, and responses to date from expert practitioners. The discussion will include how to utilize data in order to spur innovation.

Speakers: Paul Barreira, M.D., (former) Director, Harvard University Health Services, Harvard University

Zoe Ragouzeos, Ph.D., Assistant Vice President, NYU Student Mental Health – GNU / Director, Counseling & Wellness, New York University

10:15 am – 10:50 am

Stakeholders: Responsibilities and Constraints

College student mental health involves a complex set of stakeholders with potentially contradictory responsibilities and constraints on issues such as confidentiality, financial responsibility, liability, treatment scope and duration, campus supports, and environment. How can we best balance this accountability with student success as our goal?

Leader: G. Gabrielle Starr, Ph.D., President, Pomona College

10:50 am – 11:50 am

Parental Expectations: Discussion of Mary Christie Foundation Survey with Q&A

Topic: Explain the findings of a survey by the Mary Christie Foundation on college student parents' expectations and understanding of campus mental health.

Survey sponsored by Anthem Student Advantage

Speaker: Steve Koczela, President, The MassINC Polling Group

12:00 pm – 12:45 pm

Lunch

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1:00 pm – 2:00 pm

Panel 1: Current Perspectives from Campuses

Topic: Universities are addressing their students' mental health challenges both by providing services and in changing campus climates. Campus leadership at the highest levels are creating an inflection in mental health. Here, they discuss individual experiences about moving from responses focusing on demand to approaches creating health and prevention.

Panelists:

- Barbara R. Snyder, J.D., President, Case Western Reserve University
- Sylvia M. Burwell, President, American University
- Kent Syverud, J.D., Chancellor and President, Syracuse University

- Moderator: John J. DeGioia, Ph.D., President, Georgetown University

2:00 pm – 3:00 pm

Panel 2: From Research to Practice

Topic: Research is strengthening our understanding of the mental health of young adults. As we consider additional actions and interventions on campuses, we need to be attentive to emergent research, as well as the challenges inhibiting institutions from adopting research and best practices.

Panelists:

- Sarah Ketchen Lipson, Ph.D., Ed.M., Assistant Professor, Health Law, Policy & Management, School of Public Health, Boston University and Associate Director, Healthy Minds Network
- Nance Roy, Ed.D., Chief Clinical Officer, The JED Foundation
- Amelia Arria, Ph.D., Director, Center on Young Adult Health and Development, School of Public Health, University of Maryland and Professor, Behavioral and Community Health, University of Maryland
- Ben Locke, Ph.D., Executive Director, Center for Collegiate Mental Health, Penn State University

- Moderator: Julio Frenk, Ph.D., President, University of Miami

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3:00 pm – 3:15 pm

BREAK

3:15 pm – 4:00 pm

**From Knowledge to Action:
Charge to Provosts and Deans of Students**

In Spring 2020, leadership from your campuses will be invited to address how increased collaboration among curricular, co-curricular, and extra-curricular elements of students' lives can strengthen mental health.

We would like the Presidents to identify the potential topics for their leadership teams to address, starting with a list drawn from the day's discussion.

Facilitator: Eugenie Dieck, Vice President for Strategy,
Georgetown University

4:00 pm – 4:15 pm

Overview: March 2020 Event with Provosts and Deans, Student Affairs

Facilitator: Eugenie Dieck, Vice President for Strategy,
Georgetown University

4:15 pm – 4:45 pm

Final Reflections and Close

Speakers: John J. DeGioia, Ph.D., President, Georgetown
University

John P. Howe, III, M.D., Chair, Mary Christie
Foundation