

**The Presidents' Convening on
College Student Mental Health and Wellbeing
March 14 & 15, 2022**

Georgetown University and Howard University

**Convening Dinner with
Presidents and Special Guests**

Monday, March 14, 2022

Thompson Athletic Center
1360 West Rd, Washington, DC 20007
Georgetown University

6:00 pm - 6:30 pm **Welcome Reception**

6:30 pm – 8:30 pm **Welcome**

Speaker:
John J. DeGioia, PhD
President, Georgetown University

Transformative Education and Student Wellbeing

Speakers:

Paula Johnson, MD, MPH, President, Wellesley College
Richard Miller, MS, PhD, President Emeritus, Olin College of Engineering
Clayton Spencer, MA, JD, President, Bates College

Leaders of the Coalition for Life Transformative Education

Moderator: Gloria Larson, JD, Chair, The Mary Christie Institute

Presidents' Convening on College Student Mental Health and Wellbeing

Tuesday, March 15, 2022

Thompson Athletic Center
1360 West Rd, Washington, DC 20007
Georgetown University

8:30 am – 9:00 am **Continental breakfast**

9:00 am – 9:15 am **Welcome**

*Wayne A.I. Frederick, MD, MBA, FACS
President, Howard University*

*Zoe Ragouzeos, PhD
President, Mary Christie Institute; Executive Director of Counseling
and Wellness Services, New York University*

9:15 am – 10:15 am **Session 1: Understanding the profile of our students**

Topic: The students coming to us in the last 5-7+ years have unique experiences defining how they engage in their collective experience. They are more diverse, they have strong senses of individual identity, they are both socially networked and isolated, and they view life as filled with risk. Many have experienced mental health issues. For some, mental health concerns/issues will surface as they transition to college and need to construct their own support system.

Speakers:

Emma Adam, PhD, is the Edwina S. Tarry Professor of Human Development and Social Policy at Northwestern University. An applied developmental psychobiologist, Dr. Adam was the recent advisor on teen mental health for the American Psychological Association's Stress in America survey.

Sofia B. Pertuz, PhD, is a diversity, equity, and inclusion (DEI) professional and served as DEI advisor to the Jed Foundation. She is currently the Managing Director for Diversity, Equity, and Inclusion for Billie Jean King Enterprises.

*President Facilitator: Nicholas Covino, PsyD
President of William James College*

Discussion: How are our institutions ready to receive these students? What potential ways can we broaden faculty and staff understanding of the experiences of our students?

**10:15 am – 11:15am
wellbeing**

Session 2: Promoting campus cultures for mental health and

Topic: Students describe their college experience holistically and do not distinguish between curricular and co-curricular activities. Many institutions are working to better align wellbeing into all aspects of the student experience.

Speakers:

David Germano, PhD, is the Executive Director of the Contemplative Sciences Center at the University of Virginia and the founding Executive Director of the Student Flourishing Initiative, now the Flourishing Academic Network, a collaboration between UVA, The University of Wisconsin, and Penn State University. The Flourishing Academic Network seeks to empower students of all backgrounds to engage with human flourishing through the intellectual and practical study of approaches from the sciences, arts and humanities, while simultaneously exploring and developing their own values and capacities through powerful experiential practices.

Robert Roeser, PhD, is the Bennett Pierce Professor of Caring and Compassion, and a Professor of Human Development and Family Studies in the College of Health and Human Development at Pennsylvania State University.

*President Facilitator: Marion Ross Fedrick, MA, EdD,
President of Albany State University*

Discussion: How do our institutions prioritize wellbeing on campus? How can we implement what evidence tells us is working? What is the responsibility of presidents?

11:15 am – 11:30 am

BREAK

11:30 am – 12:30 pm

Session 3: Preparing our students for their futures

Topic: As students move towards the end of their time on campus, they worry about what's next and who they will become. Are they prepared emotionally for the abrupt changes ahead? How are employers receiving these young adults?

Speaker:

Timothy Ryan, Chairman of Price Waterhouse Coopers,

*Interviewed by Brent Chrite, MS, PhD,
President of Bentley University*

Discussion: How do institutions of higher education equip our students to go out into the world of employment or graduate school? What do employers look for in graduates in this regard and how are they stewarding their wellbeing?

12:30 pm – 1:30 pm

Lunch Session: New data on engaging students in the mental health support continuum

Topic: Takeaways on how to engage students in the mental health support continuum.

Speaker:

Interview with Maya Enista Smith, President of Born This Way Foundation

1:30 pm – 2:00 pm

Close / Final Thoughts

Speakers:

Sarah Ketchen Lipson, PhD, EdM, Assistant Professor at the Department of Health Law Policy and Management at the Boston University School of Public Health and Co-Principal Investigator of the Healthy Minds Network.

Zoe Ragouzeos, PhD