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CONTACT INFORMATION:

Marjorie Malpiede
Mary Christie Institute
mmalpiede@marychristieinstitute.org
(617) 548-6808

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Nation's College and University Leaders Convene on College Student Mental Health Crisis

Leading experts present research and discuss college wellbeing at nation's capital

Washington, D.C.: On Monday and Tuesday, March 14th and 15th, 2022, twenty-five college presidents and chancellors convened on college student mental health and wellbeing in an event partnered by Georgetown University, the Mary Christie Institute, and Howard University. In the discussions, experts on college student behavioral health and its determinants, diversity, equity, and inclusion, led roundtable discussions with higher education leaders on transforming their campus environments to promote wellbeing for all students.

Major themes that were discussed included: understanding the psychological profile of incoming students, promoting campus cultures for mental health and wellbeing, preparing students for their futures, and data-driven insights on engaging students in the mental health support continuum.

The convening's program included speakers Timothy Ryan, US Chair and Senior Partner of PwC; John J. DeGioia, President of Georgetown University; Dr. Paula Johnson, President of Wellesley College; and Clayton Spencer, President of Bates College, among others.

"If we are to adequately address the mental health crisis on our campuses, each of us as leaders must look to the academy's strengths, talent and resources to better support the immediate and long-term wellbeing of our students," said Gloria Cordes Larson, Chair of the Mary Christie Institute, and former president of Bentley University. "This is at the very heart of the work we do at the Mary Christie Institute."

About the Mary Christie Institute: The Mary Christie Institute is a national research and education organization, dedicated to improving the emotional and behavioral health of teens and young adults with a particular focus on American college students. The Mary Christie Institute is funded in part by Christie Campus Health.